

Facilitation (APEX and CYP APEX) Face-to-face course



What is the Facilitation

The Facilitation course equips instructors with the knowledge, skills and professional behaviours required to teach on the Acute Psychiatric Emergencies (APEX) and Children and Young People: Acute Psychiatric and Psychosocial Emergencies (CYP APEX) provider courses.

The programme focuses specifically on the educational approaches and modalities used within these courses and provides opportunities for shared learning with colleagues across disciplines.

Delivered face to face, the course enables future instructors to engage actively with teaching methods, practise facilitation skills, and participate in simulation-based learning before progressing to teach as an Instructor Candidate on APEX or CYP APEX provider courses.

What are the benefits of the course?

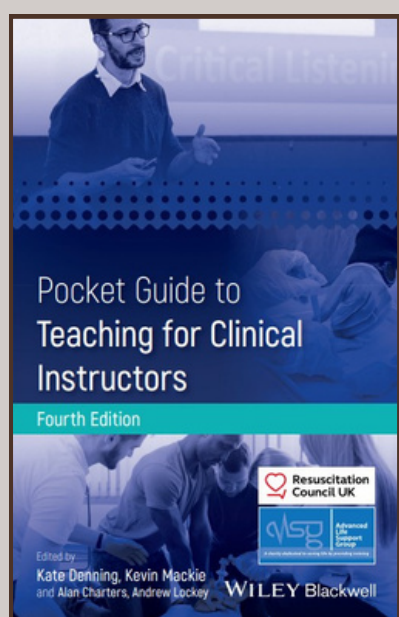
Attending the course provides opportunities to practise with authentic course materials.

- Prepare**
 - Structuring your teaching sessions using the format of Prepare Open Facilitate, Close
- Open**
 - Running engaging, interactive workshops
 - Taking part in learning conversations with peers
- Facilitate**
 - Working with actors before, during and after simulations
- Close**
 - Practising debriefing

During the course there will be a focus on:

- Discussions about psychological safety
- Respecting the unique qualities of each learner
- Discovering your strengths as a facilitator
- Questioning your own taken for granted assumptions about teaching and learning

What to expect from the Facilitation course



The Facilitation course is delivered by ALSG Educators. You will be provided with a copy of the Pocket Guide to Teaching for Clinical Instructors. You will be allocated teaching materials to practise delivering to a small group of like-minded learners.

Once you have successfully completed the Facilitation course, you are required to teach on two courses as an Instructor Candidate. After completing your ICs you are then issued full instructor status. To keep instructor status valid, you must teach on three courses in a two year period.

Who can attend?

Instructors are nominated from both provider courses if they are working in an area where they will need the skills of the course on a regular basis. They must also show exceptional enthusiasm for the course; a clear willingness to learn by actively engaging in feedback; support their colleagues and demonstrate excellent communication skills. The Facilitation course will then channel these existing skills towards the requirements of teaching on the APEX and CYP APEX courses.

Making it happen

Following the provider course, candidates are invited to complete an expression of interest form as part of the IP process.

Learning together

"The learning from each other has been so powerful - the course had such an impact on my educational style!"

"Being asked to facilitate the simulation and getting feedback has the most impact on my practice"

"Having delivered training regularly it was incredibly interesting to really focus on and be presented with the differences between delivering training and facilitating. Spending time with like minded professionals that really want to improve services and absorbing their ideas and listening to their stories. Would also like to reiterate how amazing the actors - such a big part of the 3 days. This was one of the best courses I have been on in my healthcare career and I would like to thank all involved for all their efforts."

"The smaller groups were excellent for psychological safety and allowing time for everyone to be involved within every simulation - this really benefitted continuous learning."

