



December 2025

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Sinead Kay, ALSG CEO

Welcome

As we approach the close of another fantastic year for ALSG, I'm reminded of how quickly time moves and how much we have accomplished together with our volunteers and colleagues. It feels like only yesterday we were in the midst of summer, yet here we are, reflecting on a year filled with progress and meaningful milestones.

2025 has been huge for ALSG, not least hosting our biennial conference in September, and launching the new and innovative Children and Young People: Acute Psychiatric and

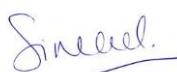
Psychosocial Emergencies course (CYP APEx).

On top of these achievements, we've also been busy launching our new Charitable Funding Programme, which you can read more about below. This initiative represents our ongoing commitment to giving back and supporting the communities that inspire our work.

As you read through this newsletter, I'm sure you'll agree it's been an incredibly rewarding year for ALSG and our colleagues who continue to support the important work we do. Thank you for your unwavering commitment, your passion, and your belief in our mission.

Wishing you and your loved ones a joyful holiday season and a prosperous new year.

All the best.



Sinead Kay
CEO

ALSG Conference - September 2025

This year, we were proud to host our biennial conference, that brought together colleagues and partners from around the globe, providing opportunities to explore approaches to training, share best practices, and hear from a range of inspiring keynote speakers, including the sports psychologist Charlie Unwin, Civility Saves Lives' Chris Turner and the inimitable Tony Redmond pioneer of informed disaster medicine.

The conference theme was 'supporting our volunteers' and it was clear to see in the feedback that this is exactly what we achieved. The quality and range of speakers was one of the many highlights for delegates, telling us it was the 'best conference they'd ever been to' and how the speakers inspired delegates to implement what they had learnt into their working practice.



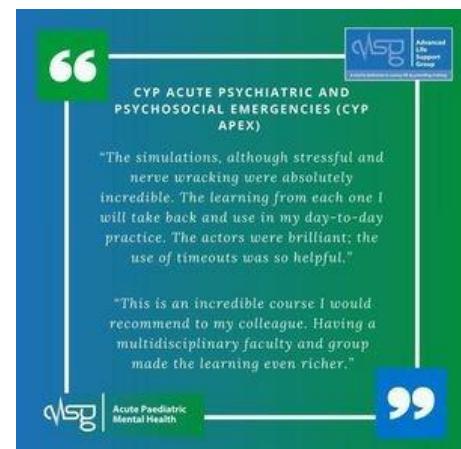
With a diverse programme of plenaries exploring how to use stress effectively, managing anxiety in extreme circumstances, and even understanding your personal 'theme tune', delegates left with a wealth of practical strategies to support them in both their workplace and educational settings. Complemented by engaging workshops and immersive simulations such as the CYP in distress, the conference offered a rounded and highly informative experience that balanced insight with practical application.

We would like to thank everyone who supported the event and look forward to welcoming you back in September 2027. Before then, we have our global instructor webinar taking place on **Tuesday 22nd September 2026**. You can register your interest now by [clicking here](#).

CYP Acute Psychiatric and Psychosocial Emergencies (CYP APEX) has LAUNCHED

We are delighted to share the launch of the much-anticipated CYP APEX course which went live in October. This groundbreaking course is the result of two years of dedication and hard work from our committed working group and faculty, whose expertise and passion have shaped a truly inspiring programme. The course is designed to support professionals working with children and young people presenting in mental health crisis, providing essential skills and knowledge to make a real difference in practice.

After running the first two courses, the feedback from both candidates and faculty has clearly demonstrated the urgent need for frontline clinicians and healthcare workers to receive this essential training. With the number of children and young people presenting in mental health crisis at an all-time high, we are calling on the RCEM, the RCPCH, the RCPsych and the NMC to make this training mandatory, ensuring that every clinician is equipped to respond effectively and compassionately.



Click here to read more about APEX CYP - [Topic: Mental Health](#) | [Booking a course](#) | [ALSGHome](#)

ILCOR Updates

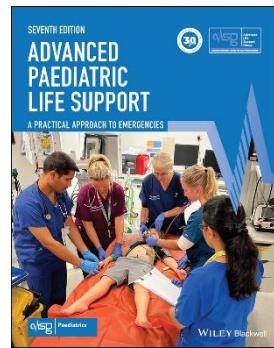


The ALSG team, alongside our dedicated working group volunteers, is actively implementing the latest ILCOR updates across all affected course manuals, e-modules and teaching materials. We are ensuring that the changes are consistent across our courses and will be made available as early as possible in 2026.

Charitable funding programme

The response to the Programme has been far beyond our expectations, and after careful consideration of all applications, the ALSG Trustees have awarded the fund to a collaboration to introduce APLS courses in Ghana. The project will be delivered through a partnership between RCEM and the Ghana College of Physicians and Surgeons (GCPS) and will directly strengthen Ghana's capacity to manage paediatric trauma and emergencies, aligning with national health priorities and the wider WHO agenda on child survival and emergency care.

We are delighted to support this project and look forward to working with the team in 2026.



AoME accreditation of the GIC



ALSG is proud to have the fourth edition Generic Instructor Course (GIC) fully accredited by the Academy of Medical Educators (AoME). AoME is the professional home for anyone who is actively involved in the education and training of clinicians and the accreditation provides independent validation of course quality judged against the Academy's Professional Standard.

Candidates who successfully complete the GIC will benefit from a reduced AoME application and assessment process. Once a member, benefits include networking and mentoring opportunities; support in developing your professional portfolio as an educator; the post-nominals MAcadMEd or FAcadMEd for Members and Fellows; and other benefits including conferences, meetings, newsletters, educational resources and career support.

Visit [Why Join the Academy of Medical Educators?](#) for more information.

Educator recruitment

In collaboration with the Resuscitation Council UK (RCUK), we recently welcomed five new members to our educator team. Each brings unique experience, fresh ideas, and a shared passion for education.



They are now settling into their roles and progressing through their mentorship-led probation period. We're delighted to have them on board and look forward to supporting them as they grow into their positions.

ALSG New Lead Educator - Alan Jervis



Alan
Jervis

As we look to the new year, we are thrilled to announce that Alan Jervis will step into the Lead Educator role from January 2026. Alan will provide strategic direction for the educational foundations of the GIC and represent ALSG within the educator group, bringing energy, insight and expertise to this key role.

We would also like to thank Dr Kate Denning for her remarkable contribution as the outgoing Lead Educator. During her tenure, Kate co-authored the new and influential 'blue book' and GIC programme, leaving a lasting impact on our organisation and the many learners she has inspired. We are delighted Kate will remain with ALSG as the Director of Education and Development and continue supporting the working group to design and deliver high quality education through our wide range of courses.

Military Major Incident Training

ALSG and the British Military have joined forces once again! 2025 has seen the formation of a new Military Major Incident Working Group led by ALSG and established to design and govern a 'best practice' programme of major incident training tailored to military settings, both in the UK and overseas. This initiative brings together specialists from ALSG's existing major incident courses alongside experienced educators and military personnel, ensuring a robust and collaborative approach to training.

Work has already begun on the Military MIMMS course which we are aiming to launch to all centres in the new year.

GIC in Estonia



Our new Lead Educator – Alan Jervis – has been on his travels and recently made the trip to Estonia to support colleagues from the British Military delivering a GIC and supporting local faculty. The course was made up of major incident course candidates from military and civilian backgrounds and ran as part of the close collaboration between British and Estonian military forces, ensuring sustainable delivery moving forward.

Alan commented: "Delighted to present four of our six newly qualified Estonian GIC instructors. These are the first in the country!" Congratulations everyone!

New Chairperson for mMOET

As Kara Dent steps down as Chairperson of the Managing Medical and Obstetric Emergencies and Trauma (mMOET) working group after seven years, we want to express our sincere thanks for her outstanding leadership and dedication. Kara has played a pivotal role in shaping the future of mMOET, including co-authoring the most recent 4th edition manual and course, which is having a lasting impact on patient care. Her commitment and expertise have been invaluable to ALSG and the wider obstetric community.



While we prepare to announce a new Chair early next year, we are pleased to share that Kara will continue with the group until a new chair is recruited. Until then our Director of Education – Kate Denning – will oversee the course, ensuring continuity and excellence as we move forward.

2026 Course Calendar

The ALSG course calendar is now available for you to book your place to teach.

Stay certified and visit us at the ALSG Institute, book by [clicking here](#).

Education update

The ALSG Hospital Major Incidents (HMIMMS) working group, under the leadership of Celia Kendrick, has grown stronger this year with the addition of six new members. Their arrival comes at an exciting time as development of the next edition of HMIMMS is already well underway. We are delighted to welcome Suzan Thompson, John Lee, Jonathan Hurley-Morris, Jonathan Allen, Mark Sewell and Mandy Blackman to the team and look forward to their valuable contributions as they embark on this journey with HMIMMS and ALSG.



Exciting developments are underway for the Manchester Triage System (MTS), with the development of Emergency Triage (ET) fourth edition and Telephone Triage and Advice (TTA) second edition. In 2026 MTS will be celebrating its 30th anniversary! Watch this space to hear plans on how we will mark this significant milestone.

Equality, Diversity and Inclusion

Throughout 2025, we have continued to prioritise equality, diversity, and inclusion across ALSG. Our course materials have long featured case studies with a diverse range of names, reflecting the patient groups our programmes aim to support. The new CYP APEx course offers multiple opportunities for candidates to practise communication with neurodivergent children and young people.

Across all courses, we are placing greater emphasis on psychological safety, ensuring supportive learning environments. Senior staff at ALSG are always available to discuss ways that you can make accommodations to support instructors and candidates.

Finally, we are actively recruiting a more diverse volunteer body to our working groups. If you are an instructor and would like to join our obstetric, pre-hospital obstetric, or child protection courses, please contact us by emailing enquiries@alsg.org.

Looking ahead to 2026

As we wrap up an incredible year, we extend our warmest thanks to all our staff, volunteers, instructors, and partners for your unwavering support. Your commitment has driven every achievement in 2025, and we couldn't have done it without you.

From all of us at ALSG, we wish you and your loved ones a joyful festive season and a happy, healthy, and prosperous new year. Here's to an exciting 2026 filled with continued collaboration and success.

Sincere,



We always aim to keep you informed of what's happening at ALSG and so if there is anything you would like us to share, please drop us an email.

We would also love to hear your feedback or comments, so again, please drop us an email: enquiries@alsg.org.

You can also contact us on any of these:



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