



# NEWSLETTER



AUGUST 2025

## Welcome

As we step into the heart of summer, I want to take a moment to reflect on recent progress and thank you for being an essential part of our journey. This season brings not only warmer days, but also fresh opportunities, renewed energy, and a chance to celebrate the achievements of our community.

Over the past few months, we've marked some significant milestones — from welcoming our new Director of Technology to showcasing the new CYP APEx course at the RCPCH Conference. These developments reflect the dedication and momentum driving ALSG forward.

Thank you for your continued trust and support. We're excited about what's ahead and grateful to have you with us.

Sinead Kay  
CEO

## Changes to ALSG's Board



Earlier this month, we warmly welcomed Professor Simon Carley to our Board of Trustees. Simon, a Consultant in adult and paediatric Emergency Medicine, has an exceptional clinical and educational background and has been part of the ALSG community for over 20 years as an instructor, working group member, and latterly the co-chair of the HMIMMS working group.

At the same time we extend our heartfelt thanks to Dr Peter-Marc Fortune who stood down as Trustee after 14yrs of dedicated service, and many more as course instructor, working group member and working group chair of the transfer courses. Peter-Marc has been a guiding presence and a passionate advocate for our work, for which we are deeply grateful.

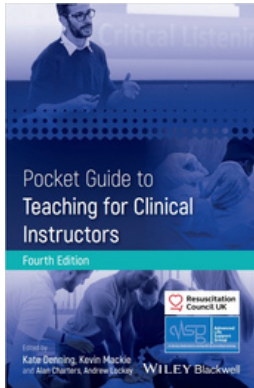
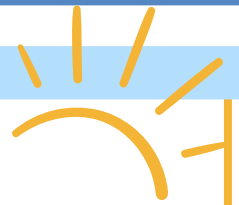


## Welcome to our new Director of Technology

We're excited to announce the appointment of Andy Sweetman as Director of Technology, a newly created role and a key addition to our Senior Leadership Team (SLT). This role marks an important step forward for ALSG as we embark on a major technical change programme to support and strengthen our future. Andy will lead the strategic direction of our digital transformation, helping to enhance the way we work, deliver services, and support our global community. Please join us in warmly welcoming Andy to the team!



## 4e Generic Instructor Course (GIC) is launched!



The long-anticipated GIC 4e officially launched in January, in collaboration with the RCUK, and we couldn't be prouder. After months of dedicated planning throughout 2024—including a proof-of-concept course, two pilot runs, a brand-new manual, and fully updated teaching materials—the latest edition has been incredibly well received both in the UK and internationally.

*"The approach is more about being collaborative and not instructive in our delivery of the courses. There's also a revised structure to the course and it's very innovative. A great course."*

**Tamica Lawrence, GIC candidate**



We've put together a support package for our instructors which includes a help webinar ([click here to view](#)), podcast ([click here to listen](#)) and many other resources to support you in delivering your courses.

We would like to thank our Director of Education and Development, Dr Kate Denning, for her leadership in the development of the GIC here at ALSG. Her expertise and vision have been instrumental in shaping a course that supports the growth of our instructor community. We also want to recognise the incredible team who have worked alongside Kate throughout this process, including Kevin Mackie and the RCUK team. It's been a fantastic collaboration.

## Mike Davis GIC Bursary

Established in 2017 to commemorate the retirement of Mike Davis after an extraordinary 21 years as ALSG's Lead Educator, the Mike Davis Bursary Fund honours his exceptional legacy in medical education.

Each year, the fund awards a fully funded place on the GIC course to a deserving recipient, and we're thrilled to announce that this year's award goes to Catriona McKay. Catriona is already planning her instructor journey:

*"I am a paediatric registrar, beginning my subspecialty training in paediatric endocrinology and diabetes in September. Upon completing the GIC I plan to go on to teach APLS. I believe the GIC will allow me to develop structured teaching skills, specifically in simulation based education. It will enhance my leadership skills and allow me to remain abreast of advances and changes in the management of acute paediatric emergencies."*

The team at ALSG look forward to welcoming Catriona in October.

## The new Children and Young People: Acute Psychiatric/ Psychosocial Emergencies (CYP APEx) course

We are thrilled to introduce the newest addition to ALSG's course portfolio: CYP APEx.

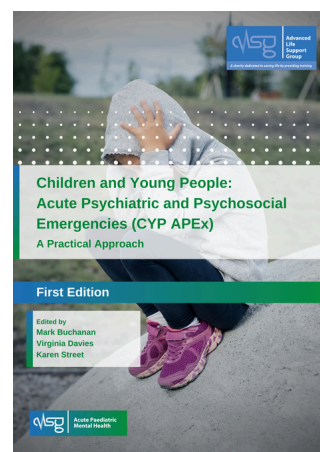
This innovative course has been developed to support healthcare staff working with children and young people (CYP) who are acutely dysregulated and/or in distress or pain. CYP APEx responds to the rising number of children and young people presenting with mental health-related concerns.

Clinicians have long expressed the need for a course like this. Just as resuscitation training is now an essential part of clinical preparedness, CYP APEx aspires to become a core component of high-quality, holistic care for young people in all healthcare settings.

We are delighted to be launching CYP APEx at ALSG later this year and warmly invite our instructors to attend as candidates to experience this ground breaking and much-needed training first-hand.

Listen to two of our participant insights [here](#).

**Click the QR code to book a place on the new Children and Young People: Acute Psychiatric/Psychosocial Emergencies (CYP APEx) course**



20-21 October  
23-24 October  
16-17 December



Manchester  
Triage  
System

## Manchester Triage System (MTS) update

The Triage team has been hard at work on several initiatives, with some excellent progress towards the new editions, watch this space.

A peer reviewed paper was published by Anna Mackway-Jones, Rachael Hornby and Kevin Mackway-Jones, titled "Making more nurses" which was a study of an efficiency and quality improvement project, within emergency triage.

The Paper demonstrates the importance and the impact of triage and its application in saving nurses hundreds of hours by improving efficiencies and optimising nurses' time. Click on the image to read the paper.



### Showcasing our paediatric courses at the RCPCH Conference



We were delighted to join the RCPCH Conference in person in Glasgow earlier this year, showcasing three of our paediatric courses – Advanced Paediatric Life Support (APLS), Child Protection: Recognition and Response (CPRR) and the new and innovative Children and Young People: Acute Psychiatric/Psychosocial Emergencies (CYP APEx). A fantastic team of volunteers from each course, joined us to provide APLS simulation training, Child Protection case training and a demo of a new CYP APEx simulation involving an actor. All three were very well received and even featured in Milestones, the RCPCH publication, as highlights for delegates (click image to expand).

We also celebrated our wonderful Chair of Trustees, Stephanie Smith, who was presented with the prestigious award of RCPCH Honorary Fellow. Congratulations Stephanie!

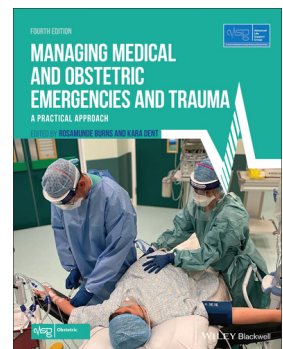
It was fantastic to be part of this conference again this year and we look forward to seeing our colleagues again in 2026.



Earlier this year, members of the mMOET Working Group proudly showcased the course's simulations at several leading conferences, including the British Maternal & Fetal Medicine Society (BMFMS) Conference and the British Cardiovascular Society (BCS) Annual Conference.

The response from delegates was overwhelmingly positive, with many praising the realism, clinical relevance, and educational value of the simulations. The feedback highlighted the growing recognition that mMOET is a vital training programme for improving maternal outcomes in complex and high-risk situations.

The mMOET team are also preparing to run a dedicated training day for Emergency Medicine trainees at the Royal College of Emergency Medicine this October.



ALSG attended the Faculty of Liaison Psychiatry Annual Conference, held in London from 14–16 May. Members of the CYP APEx working group, Virginia Davies, Mark Buchanan, and Sarah Davies, presented the principles of the Acute Psychiatry course, with a particular highlight being a powerful actor-led CYP APEx simulation that left a strong impression on the audience.

Feedback from both event organisers and delegates was outstanding, once again underscoring the urgent need for CYP mental health simulation training to become standard practice. Attendees from a psychiatric background expressed a clear demand for this kind of resource, further validating the importance of this ground breaking course.

## Education update

### Child Protection in Practice (CPiP) - new e-module added



In 2024, ALSG launched phase one of the new and innovative online CPiP course, featuring eight brand-new e-learning modules. Earlier this year, an additional e-module on Legislation was introduced, providing an overview of safeguarding regulations across English, Scottish, Northern Irish, Welsh, and British legal frameworks.

The CPiP course offers exceptional flexibility—available as a complete package or as individual modules to help learners address specific training needs or gaps.

To update your Child Protection training click here:

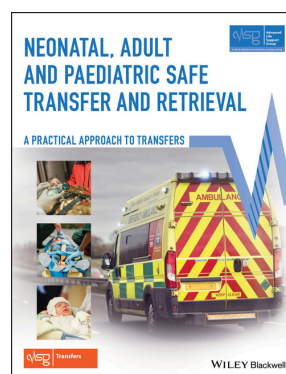
[Course: CPiP e-learning | ALSGClassroom](#)

### Neonatal, Adult and Paediatric Safe Transfer and Retrieval (NAPSTaR)

NAPSTaR is a well-established training programme focusing on the safe transfer of patients, both inter and intra hospital.

This year, the working group, led by Pete Johnson, has actively updated the course materials to reflect current best practice. These revisions were successfully piloted at ALSG in June, and we are excited to announce that the course will be relaunched later this year.

The updated course aims to minimise the risks associated with patient transfers and offers an excellent opportunity to refresh and enhance transfer-related training.



### Facilitation courses take off



We were delighted to partner with Mountain Rescue England & Wales (MREW) to deliver Facilitation training for their trainers. In March, we ran two successful courses in Walsdale aimed at refining techniques in lecturing, coaching skills, and delivering realistic scenarios.

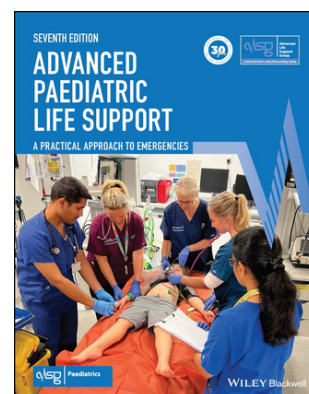
Excitingly, this Facilitation course is now being tailored to support instructors as they progress towards becoming APEx Faculty (CYP and Adult). The updated programme focuses on simulation techniques involving actors, group facilitation, and debriefing, carefully designed to meet the unique challenges of APEx training.

### Advanced Paediatric Life Support (APLS)

The big new for the paediatric emergency courses is that the 7<sup>th</sup> edition APLS Recertification (APLS R) and PLS courses were launched earlier this year to align with APLS. The new editions of APLS R and PLS have been very well received. This portfolio of courses collectively addresses the training needs of paediatric colleagues at all levels.

The 7th edition of APLS has been in place since November 2023, with a full update of all simulations rolled out this spring (2025). To support instructors, video demonstrations of 7e simulations are now available on the ALSG website. Additionally, an updated set of skills videos is currently being edited and will be released in the coming months.

Looking ahead, a revised APLS manual, e-modules and associated teaching materials are scheduled for 2026, following the ILCOR/ERC updates that will be released in October 2025.



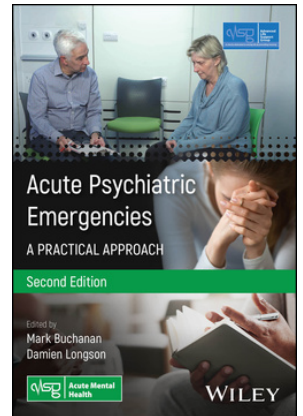
## Education update

### Acute Psychiatric Emergencies (APEX) 2<sup>nd</sup> edition

Good news! The 2<sup>nd</sup> edition of APEX has officially launched. All UK APEX courses will run using the new 2e format going forward.

The updated version features a refreshed programme and several enhancements to the delivery. To support a smooth transition, we're committed to offering support and guidance to all our centres, course directors and instructors.

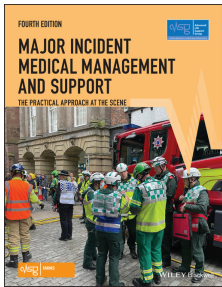
To support the launch, we hosted a dedicated webinar on 1<sup>st</sup> August for co-ordinators, directors and instructors. If you missed it, you can catch the full recording [here](#).



13-14 October 2025  
09-10 March 2026

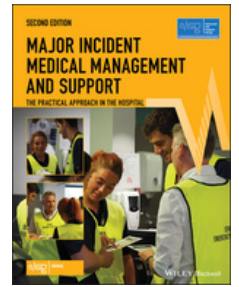
To book a place on the new  
2<sup>nd</sup> edition APEX course,  
click on the QR code

### Major Incident training aligns with Martyn's Law



Our major incident courses MIMMS and HMIMMS have been providing pre-hospital and in-hospital emergency preparedness training for 30 and 25 years respectively.

MIMMS supports the training needs incorporated within Martyn's Law (the Terrorism [Protection of Premises] Act 2025) by offering a robust, evidence-based framework for planning, response and recovery before, during and after terrorist incidents in publicly accessible venues. MIMMS is now being delivered at Premier League football clubs, where emergency preparedness is paramount, recognising the value of structured, scenario-based training as a vital tool for safeguarding both staff and the public.



In addition, we're proud to share that the Military has now piloted a standardised version of the MIMMS programme incorporating discussions and tabletops for both civilian and military mass casualty events. This marks a major milestone in delivering consistent, high-quality training for those working in the most challenging environments.

## Charitable funding programme

We are pleased to announce the launch of the annual ALSG Charitable Funding Programme, an initiative designed to support projects that make a measurable impact on patient care, safety, and survival.



We invite healthcare organisations, clinicians, healthcare workers, training providers, and registered charities to apply for funding that will help deliver education, upskilling initiatives and infrastructure changes aimed at saving lives and improving outcomes for patients nationally and internationally. To apply, click on [this link](#).

## Annual report

ALSG's 2024 Annual Report and Accounts is now available and can be accessed by clicking on the image.



## ALSG Conference 2025

We're excited to announce that the ALSG Conference is back and will be held at the Manchester Conference Centre on Wednesday, 24th September.

This year's theme, "Focusing on You as an ALSG Instructor," puts our valued faculty at the heart of the programme. The day is designed to be both insightful and practical, with a combination of plenary sessions, interactive workshops, and networking opportunities with fellow instructors and exhibitors.

We have secured some fantastic key-note speakers, including Dr Chris Turner who will explore the vital topic of civility in healthcare and how it directly impacts patient outcomes and Charlie Unwin, performance psychologist, who will share insights on accelerated learning and harnessing stress for effective teaching.

Our experienced ALSG Educators will lead a series of educational workshops that explore the core principles embedded within our courses. These sessions will examine key themes including how to effectively manage challenging behaviour, as well as developing a deeper understanding of the universal drivers behind behavioural competence.

To book your place, go to <https://bit.ly/ALSGCONF25>

**BOOK NOW**

Booking open

**ALSG** Advanced Life Support Group  
A charity dedicated to saving life by providing training

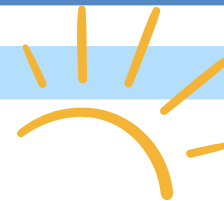
**ALSG CONFERENCE 2025**

24 SEPTEMBER 2025  
MANCHESTER CONFERENCE CENTRE

SCAN HERE!



## What's next



### Educator recruitment

In partnership with the Resuscitation Council UK (RCUK), ALSG is launching a recruitment campaign to expand its team of professional educators. With demand for the Generic Instructor Course (GIC) at an all-time high, we're looking to grow our educator faculty to support the continued delivery of high-quality instructor training. If you're interested in getting involved, drop us an email at [enquiries@alsg.org](mailto:enquiries@alsg.org).

### BestBETS

During his time at ALSG, our former Chair of Trustees, Professor Kevin Mackway-Jones, played a key role in the introduction of BestBETS, a clinical tool designed to support evidence-based decision-making in emergency care. BestBETS provides evidence-based guidance to clinicians who may be facing complex cases where traditional, validated solutions are unavailable, offering a vital 'steer' toward the most effective potential interventions. As part of Professor Kevin Mackway-Jones' retirement legacy, ALSG is revitalising its knowledge management offering, with BestBETS at the core aiming to raise awareness among clinicians of its evidence-based value and life-saving potential in clinical practice. You can hear more about this exciting development at the ALSG Conference on 24<sup>th</sup> September.

### ILCOR guidelines update 2025

New resuscitation guidelines are set to be launched at the European Resuscitation Council (ERC) Conference in October 2025. In response, ALSG will coordinate a collaborative review of all relevant course manuals and materials to ensure alignment with the updated guidance.

This review will cover the APLS, mMOET, POET, and NaPSTAR courses, with a dedicated working meeting planned for November 2025. The aim is to publish manual update documents and revised teaching materials in early 2026, with full manual revisions to follow as soon as feasible.

### 2026 Course dates

The 2026 calendar for courses at ALSG in Manchester is now available. Click on the image to view the full calendar. To book to teach on any of the course dates, click on the following link: <https://bit.ly/ALSGteach>

ALSG Courses 2026 Manchester											
Course	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov
APEX (Psychiatry)			09-10 Mo-Tu							08-09 Th-Fr	
CYP APEX			16-19 We-Th							23-26 Th-Fr	
APLS	20-21 Th-Fr	10-11 Tu-Wa	20-21 We-Th	14-15 Tu-Wa	13-14 We-Th	20-21 Mo-Tu	30-31 Th-Fr		08-09 Tu-Wa	21-22 Mo-Tu	08-09 Tu-Wa
APLS Recertification	20 Tu	23 We	17 Fr			20 Tu				27 Tu	19 Tu
ATLS		09-04 Tu-Wa	23-24 Th-Fr	27-28 Tu-Wa		20-21 Mo-Tu		17-18 Th-Fr		02-03 Mo-Tu	09-04 Th-Fr
CPMR		27 Fr			18 Th						01 Tu
GIC	16-18 Th-Sa		04-05 We-Th	20-21 Tu-Wa	24-25 We-Th	13-14 Mo-Tu		01-02 Mo-Tu	14-15 We-Th	23-24 Mo-Tu	
HMMMS				07-08 Th-Fr							
MINIMS											
mMOET		10-11 We-Th		19-20 Tu-Wa		08-09 We-Th		23-24 We-Th		12-13 Th-Fr	
NaPSTAR						09-10 Tu-Wa					
POET				05-10 Th-Fr						05-10 Mo-Tu	

We hope you've enjoyed reading our latest newsletter. We'll be back with another update at the end of the year. Until then, enjoy the Summer and Autumn seasons!

For all other news and to stay in touch, follow us on social media

