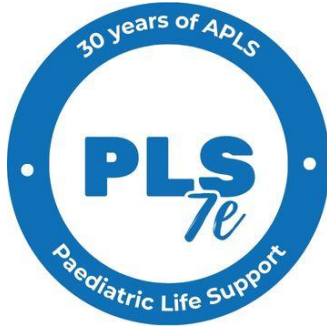


ALSG's clinical education & training programmes improve outcomes for people in life-threatening situations, anywhere along the health care pathway, anywhere in the world.



## PLS

### Paediatric Life Support

#### PLS curriculum and key information

The programme comprises e-modules studied prior to attending a 1-day face-to-face course. The course is run throughout the UK and overseas and the cost varies across centres.

#### Online modular education through our VLE:

- Structured approach to recognition and initial management of a deteriorating ill or injured child or infant
- Human factors
- Management of cardiac arrest
- Triage and pain

#### 1-day face-to-face course with lectures, skills, simulations and demonstrations

##### Lectures

- Deteriorating child
- Cardiac arrest management

#### Candidate criteria and eligibility

This paediatric life support programme is for those from:

- A medical, nursing, ECP, ACP, ODP, physicians associate, nursing associate or RTO background.
- In addition, PLS should be relevant to their working practice, and they should be currently working or employed in a relevant role.
- Other health professionals for whom PLS is relevant to their working practice can apply to ALSG for permission to attend an PLS course.
- If you are unsure about your eligibility, please contact the ALSG office.

#### Skill stations and workshops

- Basic life support
- Airway support
- Cardiac arrest rhythms and defibrillation familiarisation
- Intraosseous access
- Structured approach to a deteriorating child or infant simulation demonstration
- Structured approach to an arrested child or infant simulation demonstration
- Trauma workshop including MILS and 20° tilt practice (and pelvic binders)
- Team and individual simulation practice

- The key learning outcomes of the PLS course are:
  - initial assessment and management
  - safe emergency treatment
  - knowing when to escalate
  - effective team membership
  - making SBAR handovers
  - practising being a team leader
- PLS aims to teach and assess the acquisition and use of technical and non-technical skills required for emergency resuscitation
- Modular course - e-modules and one day face to face course
- Skills videos to watch ahead of the course
- Continuous assessed course
- Team and individual simulations to build confidence over the day

## Assessment and certification

Continuous assessment takes place throughout the face-to-face course. If you are successful, PLS certification is valid for four years and includes access to our VLE.

## Recertification options

All recertifying candidates must undertake both the VLE component and the face-to-face course in full.

## Resources

- [Publications](http://bit.ly/ALSGPub) - <http://bit.ly/ALSGPub>
- [Testimonials](http://bit.ly/ALSG_Testimonials) - [http://bit.ly/ALSG\\_Testimonials](http://bit.ly/ALSG_Testimonials)

<sup>1</sup> Children and Young People's Health Outcomes Strategy 2012, Forum Co-Chairs: Professor Ian Lewis, Christine Lenehan Report of the Children and Young People's Health Outcomes Forum

<sup>2</sup> Moore et al, 2013, NHS Future Forum *Education and Training— next stage*, London.

## Booking a course

To book your next course, simply scan this code using your smart phone or visit us online at <http://bit.ly/ALSGcourses>



*"All those working with children and young people should have the right knowledge and skills to meet their specific needs—wherever they are in the health system."* <sup>1</sup>

## Continuous Professional Development

Revised guidance from the Academy of Medical Royal Colleges emphasises that the focus of CPD should be on its quality and reflection of its impact on a clinician's practice, rather than the amount of time spent on the activity. The responsibility for identifying CPD requirements rests with the individual and should be based on their personal areas of practice and personal development plan agreed at their annual appraisal. Although one 'CPD credit' will normally equate to one hour of educational activity, the amount of educational activity obtained from a specific event may vary between individuals depending on an individual's specific learning outcomes.



## Information for educators and managers

As a charity, ALSG invests all profits in educational resources and partners with the most effective and respected organisations worldwide to develop exceptionally high-quality programmes.

ALSG education quality is verified, accredited and recognised internationally as 'best in class', contributing to better outcomes for patients in life-threatening situations.

## Courses to consider

You may also wish to consider the following courses:

- [CPRR – Child Protection: Recognition and Response](http://bit.ly/CPRR_FS) - [http://bit.ly/CPRR\\_FS](http://bit.ly/CPRR_FS)
- [APLS—Advanced Paediatric Life Support](http://bit.ly/APLS_FS) - [http://bit.ly/APLS\\_FS](http://bit.ly/APLS_FS)
- [NAPSTaR - Neonatal, Adult and Paediatric Safe Transfer and Retrieval](http://bit.ly/NAPSTaR_FS) - [http://bit.ly/NAPSTaR\\_FS](http://bit.ly/NAPSTaR_FS)

## Important course updates and references

### Updates

[APLS 7e manual updates](#)

### References

[APLS References for 7e](#)

*"What we want to see is increased consistency and quality in education and training and consequently in people's outcomes and experiences...service delivery and education are fundamentally interlinked."* <sup>2</sup>