



ALSG's medical education & training programmes improve outcomes for people in life-threatening situations, anywhere along the health care pathway, anywhere in the world.



# POET

## Pre-Obstetric Emergency Training

The POET integrated on-line and 'hands on' course helps practitioners identify and manage a range of time-critical obstetric emergencies specifically in the pre-hospital setting. It provides a structured examination and assessment technique as an aid to determining what treatment should be provided before transport, as well as when and how urgently transport should be initiated. The course objectives include:

- Providing the knowledge necessary to save the mother and fetus in life threatening circumstances.
- Teaching the practical procedures necessary to save the mother and fetus in life threatening circumstances.
- Testing the acquisition and use of this knowledge and skills.

### POET curriculum and key information

Online e-modules plus a 2-day face-to-face course. The course is run throughout the UK and overseas, and the cost varies across course centres.

#### 32 E-modules

- Obstetric services and hand-held notes
- Law and ethics
- Anatomical and physiological changes in pregnancy
- Normal labour and delivery
- Structured approach to the obstetric patient
- Assessment and management of the post gynaecological surgery patient
- Miscarriage
- Ectopic pregnancy
- Pregnancy induced hypertension, pre-eclampsia and eclampsia
- Ante-partum haemorrhage, abruption, placenta praevia and uterine rupture
- Preterm labour and multiple pregnancy
- Abnormal presentations
- Shoulder dystocia
- Umbilical cord problems
- Amniotic fluid embolus
- Trauma to the birth canal
- Uterine inversion
- Primary and secondary post-partum haemorrhage
- Post-partum infection
- Neonatal life support and care of the newborn
- Peri-natal psychiatric illness
- Venous thrombo-embolism

- Epilepsy
- Diabetes in pregnancy
- Trauma to mother
- Cardiac disease in the mother
- Respiratory disease in the mother
- Substance misuse
- Rape
- Carbon monoxide poisoning
- Resuscitation in pregnancy
- Shock in pregnancy

#### Lectures

- Structured approach to obstetric emergencies

#### Skill & simulation sessions

- Normal labour & delivery
- Primary and secondary survey
- Resuscitation skills for midwives
- Ante-partum haemorrhage, abruption, placenta praevia & uterine rupture
- Maternal cardiac arrest
- Primary & secondary post-partum haemorrhage

### Candidate criteria and eligibility

This pre-obstetric emergency training programme is for:

- 'Advanced life support' level practitioners
- Paramedics
- Doctors
- Nurses

### Assessment and certification

Assessment takes place by simulation-based OSCEs on each day of the course. If you are successful, POET certification is valid for four years and includes access to our VLE.

### Recertification options

All recertifying candidates must undertake the full course again after four years.

*"What we want to see is increased consistency and quality in education and training and consequently in people's outcomes and experiences...Service delivery and education and training are fundamentally interlinked."*<sup>2</sup>

ALSG's medical education & training programmes improve outcomes for people in life-threatening situations, anywhere along the health care pathway, anywhere in the world.



*"This course .... enables clinicians to improve the management of obstetric emergencies and hopes to reduce the number of unnecessary deaths due to poor pre-hospital obstetric care"<sup>1</sup>*

### Courses to consider

You may also wish to consider the following courses:

- [PHPLS - Pre-hospital Paediatric Life Support](http://bit.ly/PHPLS_FS) - [http://bit.ly/PHPLS\\_FS](http://bit.ly/PHPLS_FS)
- [NAPSTaR - Neonatal, Adult and Paediatric Safe Transfer and Retrieval](http://bit.ly/NAPSTaR_FS) - [http://bit.ly/NAPSTaR\\_FS](http://bit.ly/NAPSTaR_FS)
- [MIMMS - Major Incident Medical Management and Support](http://bit.ly/MIMMS_FS) - [http://bit.ly/MIMMS\\_FS](http://bit.ly/MIMMS_FS)

### Resources

- [Publications](http://bit.ly/ALSG_Pub) - [http://bit.ly/ALSG\\_Pub](http://bit.ly/ALSG_Pub)
- [Testimonials](http://bit.ly/ALSG_Testimonials) - [http://bit.ly/ALSG\\_Testimonials](http://bit.ly/ALSG_Testimonials)

### Important course updates and references

#### Updates

[POET course manual updates from ILCOR 2010](#) - issued January 2011

#### References

[POET 1st Edition](#)

[Erratum Slip](#)

### Continuous Professional Development

Revised guidance from the Academy of Medical Royal Colleges emphasises that the focus of CPD should be on its quality and reflection of its impact on a clinician's practice, rather than the amount of time spent on the activity and that the responsibility for identifying CPD requirements rests with the individual and should be based on their personal areas of practice and personal development plan agreed at their annual appraisal. Although one 'CPD credit' will normally equate to one hour of educational activity, the amount of educational activity obtained from a specific event may vary between individuals depending on an individual's specific learning outcomes.

### Information for educators and managers

As a charity, ALSG invests all profits in educational resources and partners with the most effective and respected organisations worldwide to develop exceptionally high quality programmes. ALSG education quality is verified, accredited and recognised internationally as 'best in class', contributing to better outcomes for patients in life-threatening situations.



### Booking a course

To book your next course, simply scan this code using your smart phone or visit us online at <http://bit.ly/ALSGcourses>

<sup>1</sup> Critique of the pre-obstetric emergency training course: ALSG

<sup>2</sup> Moore et al, 2013, NHS Future Forum Education and Training—next stage, London.