## **ALSG Instructor Webinar 2024**



### **Speakers**

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Rose Alhaleem



**Simon Carley** 



**Kate Denning** 



**Clare Duffy** 



**Tony Gleeson** 



**Elanor Harris** 



Richard Hollander



**Alan Jervis** 



Sinead Kay



Celia Kendrick



Emma Sidebotham



**Karen Street** 



Marijke van Eerd



**Emmeline Venn** 



**Emily Woodley** 

### **Webinar Chairs**



Sarah Dickie



**Martin Edwards** 



**Duncan Smith** 



Paul Greig

#### **ALSG Trustees**



Sarah Dickie



**Martin Edwards** 



**Tony Gleeson** 



Jessica Grundy



#### **Rose Alhaleem**

#### Senior Clinical Fellow in Paediatric gastroenterology Royal Manchester Children's Hospital

Dr. Rose Alhaleem is a dedicated Palestinian pediatrician currently pursuing her final year of her master's degree in Allergy at Imperial College London and specialty training in paediatric gastroenterology in Royal Manchester Children's Hospital. With a rich background in paediatric medicine spanning nearly a decade, Rose's journey is characterised by her commitment to improve children's health and her enthusiasm for expanding her clinical expertise in the UK.

After graduating from the Faculty of Medicine and Health Sciences in 2013, Rose completed her internship at Makassed Hospital in Palestine in 2014. She subsequently joined Makassed Hospital, the largest tertiary paediatric facility in her country, where she spent four transformative years managing a wide range of paediatric cases. Her work primarily focused on gastroenterology and respiratory conditions, allowing her to cultivate a strong foundation in handling complex paediatric diseases.

In her role as a consultant Paediatrician at Istishari Arab Hospital, Rose oversaw paediatric intensive care, neonatal intensive care, and inpatient paediatric services. Her hands-on experience in these high-pressure environments honored her clinical skills and has deepened her understanding of managing critical ill children. Throughout her career, Rose has also contributed to the medical literature, publishing case reports on coeliac disease and a novel MALT1 mutation linked to immunodeficiency, furthering her reputation within the paediatric community. Expanding her experience internationally, Rose held an honorary contract in pediatric endocrinology at Alder Hey Children's Hospital, where she has collaborated with a leading specialists and deepened her understanding of pediatric endocrine disorders. Following this, she has moved to London and worked as a specialty doctor at University College London Hospitals (UCLH). During her time at UCLH, Rose was deeply involved in patient care, working within multidisciplinary teams to deliver high-quality care. Colleagues praised her dedication, quick learning, and ability to build rapport with patients, which reinforced her commitment to pediatric medicine.

Rose's pursuit of gastroenterology continued at Chelsea and Westminster Hospitals, where she focused on enhancing her expertise in this specialty. This experience allowed her to engage with complex cases and collaborate with experts in the same field, further enriching her understanding of gastrointestinal disorders in children. The supportive environment at Chelsea and Westminster fostered her passion for research and clinical excellence.

Most recently, Rose continued to develop her skills in gastroenterology during her tenure at Royal Manchester Children's Hospital, where she further concentrated on children's gastrointestinal health issues. At Royal Manchester, she actively participated in clinical assessments, contributed to patient management plans, and engaged in discussions regarding innovative treatment strategies, gaining invaluable insights into the management of pediatric gastroenterological conditions.

Now currently residing in Manchester, Rose is not only an accomplished paediatrician but also a passionate advocate for equality, diversity, and inclusion (EDI) within the healthcare sector. She understands that addressing EDI challenges among medical teams is critical for ensuring equitable healthcare delivery and optimal patient outcomes. To actively address these challenges, Rose is currently pursuing a study through the Advanced Life Support Group (ALSG) focusing on the experiences related to EDI within Advanced Paediatric Life Support (APLS) courses. This initiative aims to understand and enhance the EDI landscape in pediatric emergency care training, specifically focusing on the diversity of participants and faculty and the inclusivity of the learning environment. Rose and ALSG team will collect qualitative and quantitative data from participants and instructors to understand their experiences regarding inclusion, representation, and support during training. Rose believes that by addressing EDI challenges, healthcare professionals can improve collaboration, enhance patient care, and contribute to a healthcare system that honors and respects the diversity of the populations it serves.

Rose is eager to connect with the healthcare community in the UK and expand her professional network while making a positive impact in child health.



#### **Simon Carley**

#### Consultant in Emergency Medicine Manchester Foundation Trust

Professor Simon Carley MB ChB, PGDip, DipIMC (RCS Ed), FRCS (Ed) (1998), FHEA, FAcadMed, FRCEM, FTACC, MPhil, MD, PhD is a Consultant in Adult and Paediatric Emergency Medicine at Manchester NHS Foundation Trust. He is also a Consultant in Enhanced Pre-Hospital Care with North West Air Ambulance, a BASICS doctor with North West Pre-Hospital Critical Care Charity and a MERIT doctor with North West Ambulance Service. He is a Professor at the Manchester Academic Health Sciences Centre (University of Manchester) and visiting Professor at Manchester Metropolitan University He is co-founder of the BestBets website and the St.Emlyn's social media learning platforms as Creator, Webmaster, owner and Editor in Chief of the St Emlyn's blog and podcast. He leads the MSc in emergency medicine at Manchester Metropolitan University. He is an Education Associate with the General Medical Council. He is Dean of the Royal College of Emergency Medicine. His research interests include diagnostics, Medical Education, Major incident management & Evidence based Emergency Medicine. He is on twitter as @EMManchester.



**Kate Denning** 

## **Director of Development and Education ALSG**

Kate Denning has been working with us as our director of education since 2018. However, we have a long-shared history, as Kate has also been one of the Generic Instructor Course (GIC) educators for 20 years. With a Masters in adult learning and a PhD in group dynamics, Kate brings a fresh perspective and is adept at differentiating process from content. Her skillset compliments that of the rest of the ALSG team, trustee board and working group membership by creating a bridge between our aspirations to teach up-to-date clinical content and capitalise on advances in medical education. Kate's focus is always on the learner experience and how we can maximise that and with that in mind she works closely with the medical editor, learning technologists and development coordinators to maintain an overview of all of our courses and developments.

As well as being passionate about learning and education, Kate enjoys the company of her adult children whenever possible, cycling, cold water swimming, and living on a small holding in Devon.



Sarah Dickie, ALSG Trustee

# Nurse Director NHS Scotland

Sarah joins ALSG as a Trustee bringing over 34 years of experience working in the NHS (both in NHS England and NHS Scotland). A Registrant with the Nursing & Midwifery Council (NMC) and MBA graduate from Strathclyde University with NHS Board and Integrated Joint Board experience. Sarah moved from her Yorkshire home to Scotland in February 2001 and her current position is Nurse Director.

Sarah completed her ALS provider course in 2015 followed in 1996 with the Resuscitation Council (UK) Generic Instructor Course, commencing as an Instructor for the Advanced Life Support course in the first instance leading onto Instructor status in STaR (Safe Transfer & Retrieval) course and HMIMMS (Major Incident Medical Management & Support in the Hospital setting). Sarah was the UK Nurse Representation for the Resuscitation Council (UK) from 1996 - 2015. She presented at annual Instructor conferences and contributed to the RC(UK)Advanced Life Support course manual rewrite 2015 and 2011.

A past Instructor for Trauma Nursing (UK) on the Trauma Nurse Core Course (TNCC), Sarah previously served as a committee member, Chair and Board of Directors.

Sarah is a values based, compassionate Nurse leader who is committed and enthusiastic about working in collaboration with colleagues to deliver the ALSG Board's corporate strategy, ensuring strategic influence, clinical and professional direction in the delivery of excellence in patient safety and saving lives. Before moving into strategic Nursing leadership roles, Sarah worked clinically as a Nurse Consultant in Emergency and Unscheduled Care and is a Fellow of the Higher Education Academy.



Clare Duffy
Director of Operations
ALSG

Clare grew up in the coastal town of Seahouses in Northumberland, and after leaving school, worked locally as a confectioner.

At the age of 21, Clare enrolled at Durham College and, after moving to Northumbria University, gained a BA (Hons) in Business and moved to Manchester in 2003.

Joining ALSG's Project and Development Team in March 2007, Clare gained extensive experience in ALSG's technical learning packages and processes. Being part of the team tasked to develop and launch the Virtual Learning Environment, and then seconded to help with the launch of its associated automated systems. Clare also worked in collaboration with Maternal and Childhealth Advocacy International (MCAI) in producing a manual of images for the Village Health Worker (VHW) course aimed at health workers in the Gambia.

In January 2019, Clare was promoted to her current position of Director of Operations, taking over from Jenny Antrobus.

Clare enjoys family time with her two girls, visiting family in the Northeast and cooking.



**Martin Edwards, ALSG Trustee** 

### Consultant General Pediatrician Noah's Ark Children's Hospital, Cardiff

Martin Edwards is a Consultant General Paediatrician working at the Noah's Ark Children's Hospital for Wales in Cardiff. Martin is also working as the Deputy Director for Secondary Care in the Medicine team at Health Education and Improvement Wales. He is an Honorary Senior Lecturer at Cardiff University for his involvement with Medical Student teaching and the academic representative for Wales for the RCPCH.

Martin has extensive experience in Medical Education including instructing and directing on resuscitation courses such as APLS & NLS for over 10 years. He is actively developing and managing the Generic Curriculum course for trainee doctors in Wales.

Martin is also involved in Paediatric and Medical education research work. He completed a PhD assessing the outcomes of children born preterm and is currently involved in research work focusing on bronchiolitis and sepsis.



**Tony Gleeson** 

**ALSG Trustee** 

Born and brought up in Co. Clare on the West Coast of Ireland, **Dr Tony Gleeson** qualified as a doctor from University College Cork in 1997. Having completed basic surgical training in Dublin, Tony pursued a career in Emergency Medicine, working in a number of specialties in Dublin (including pre-hospital care with the Eastern Regional Ambulance Service and Dublin Fire Brigade) before coming to Manchester in 2004 to complete his emergency medicine higher specialist training.

Tony was appointed Consultant in Emergency Medicine at Salford Royal in 2008 and has undertaken the role as clinical lead for emergency planning for the Trust since 2010. He developed the SRFT major incident and CBRNe plans and sits on the Salford Care Organisation and the Northern Care Alliance Resilience Boards.

He was part of the initial group of doctors appointed as a MERIT doctor with the Northwest Ambulance service in 2014, combining his interests in pre-hospital care with major incident management. Tony was the medical adviser at the scene of the Manchester Arena bombing in 2017. He is also involved in sports medicine allowing him to combine his lifelong interest in rugby with medicine.

At a regional level, Tony sits on the Local Health Resilience Partnership (LHRP) Board and the Greater Manchester Acute Group (GMAG) and was involved in the development and introduction of the Greater Manchester Mass Casualty Plan and the Casualty Distribution Plan. He has also been involved in the planning and exercising of a number of regional major incident exercises.

Passionate about teaching, Tony has been involved in delivering pre-hospital and hospital major incident courses worldwide and has been part of the editorial board for the major incident medical management and support course and contributed the 2<sup>nd</sup> and 3<sup>rd</sup> editions of the manual and course development. In 2021 Tony took over the role of chairman of the MIMMS pre-hospital working group and was instrumental in development of the 4<sup>th</sup> edition of the MIMMS manual and course. Tony has also contributed to textbooks and original articles. He has been involved in the development of a number of life support courses and continues to teach actively.

### **Paul Greig**

# Consultant Anaesthetist Guy's and St Thomas' NHS Foundation Trust

Paul is a consultant anaesthetist at Guy's and St Thomas' in London. He is his directorate lead for clinical governance. He is an award-winning clinical innovator and works closely with the medical physics and clinical engineering teams. Paul is also a senior clinical research fellow with the Nuffield Department of Clinical Neurosciences, University of Oxford. His research interests are in the psychology of attention, and how this affects clinical decision making. He also sits on the Resuscitation Council UK's advanced life support committee, is the Oxford regional representative for ALS, and is an active ALS instructor. Paul is also a GIC educator, and regularly travels throughout the UK to assist on courses.



#### **Jessica Grundy, ALSG Trustee**

### Professor of Health Professional Education and Development The University of Manchester

Jessica Grundy brings a wealth of medical education experience. Jessica is a Professor of Health Education and Development, GP, Associate Programme Director MBChB: Staff Development and Lead for Professionals in Medical Education: PRiME, along with being the Unit Lead PGCert Medical and Health Education.

Jessica is also an external examiner for The University of Liverpool and Imperial College London, and volunteers as a Forest Bathing Guide.

Her particular interest is multi-professional education, and her passion is making education and teaching resources accessible to all, which has involved embracing technology and using novel methods of delivery, based on best-evidence and training across her roles. Jessica officially started her new role at ALSG's trustee meeting on Thursday 6<sup>th</sup> July 2023.



**Elanor Harris** 

#### **Self-employed Copy Editor**

After several decades of unfulfilling work as a legal secretary I decided to challenge myself academically and undertook a BA degree with the Open University. This showed me how much I like the world of ideas and academic thinking. Having always been interested in language, I then did a diploma in copy editing and, after a few false starts, became a freelance academic editor. Alongside this understanding of myself, I also became aware of the possibility that I may be autistic and have since self-diagnosed. This was a real 'aha' moment and has helped me understand why I have difficulty communicating and generally accessing 'normal', i.e. neurotypical life. It has opened a few doors, too; for example, I am on an advisory committee with Liverpool University designing a tool to help autistic patients communicate more effectively with healthcare providers. I am also going to undertake training to deliver the compulsory Oliver McGowan training alongside facilitators to NHS staff. Outside of work I sing in a choir and enjoy gardening and reading.



**Richard Hollander** 

# Consultant PICU Beatrix Children's Hospital, Groningen, the Netherlands

APLS instructor for over a decade now. Course Director in Belgium, where I am coordinator of the instructors as well. GIC-instructor in the Netherlands.



**Alan Jervis** 

# Head of Education Cornwall Partnership

Following a career in the Royal Navy Alan began working as an operating department practitioner at Whiston Hospital. From 2002 he worked within the field of resuscitation and simulation across the Northwest of England moving to lead education and development more generally. In 2017 he was appointed as Head of Education at Cornwall Partnership. Alan has taught on many national resuscitation courses and in 2021 was appointed as an ALSG/RC(UK) Educator supporting the delivery of the Generic Instructor Course.



**Sinead Kay** 

## **Chief Executive Officer ALSG**

Sinead has been working with ALSG since 2014 and joined the organisation in the newly created marketing function. From there Sinead went on to lead the Marketing team before being promoted in 2018 to the position of Director of Development. In this role, Sinead was responsible for innovating and devising new courses, as well as leading on the continuous updates and developments to each existing training package, driving improvements and advancing ALSG's courses to keep current and in line with best practice.

Prior to ALSG, Sinead held marketing roles in the finance sector and brings with her a corporate background. In January 2022, Sinead became Interim CEO and fully took over the reins from Sue Wieteska on her retirement in December 2022.

Sinead enjoys spending her spare time with her family and friends. She is a keen runner and often takes part in long distance challenges. Sinead loves to read and is particularly interested in true crime non-fiction.



**Celia Kendrick** 

# **Head of Resilience & Emergency Preparedness North West Anglia NHS Foundation Trust**

As a Registered Nurse my clinical career was in Emergency Nursing, from Staff Nurse to Sister to Lead Nurse and finally Head of Nursing. Latter roles included responsibility for ED as well as an Emergency Short Stay Ward, Ambulatory Care Unit and Site Operations Team. In 33 years of Emergency Nursing, I managed a busy city centre ED but always had an interest in major incident management and from Sister level onwards had the responsibility for it incorporated into my role. It became a stand-alone role in 2015 and I finally left emergency nursing behind.

I began teaching on MIMMS courses and running the one-day version locally in the 1990s. I started teaching on HMIMMS at ALSG in 2004, and we started delivering it locally soon afterwards. My HMIMMS and GIC teaching has taken me all over the UK and the world, including South Africa, Qatar, Sweden, Portugal and many trips to Italy.

I am now Chair of the HMIMMS Working Group and also a member of the EPRR Clinical Reference Group at NHS England. I still work as Head of Resilience & Emergency Preparedness within an acute Trust covering three hospital sites.



#### **Emma Sidebotham**

#### **Consultant Paediatric Surgeon**

From being a medical student at the University of Bristol, I moved around the UK to complete my training before being appointed as a consultant paediatric surgeon in Leeds. Having done several short spells as a volunteer surgeon in various African countries I am currently taking time out from NHS practice to undertake a master's degree in Peace, Conflict and International Development.

I have taught APLS since the 3rd Edition of the manual and the course. I enjoy teaching and meeting candidates and fellow instructors and am dedicated to maintaining the high standards of teaching and training the course provides. Over the years I have taught, how we give feedback to candidates has evolved and improved but the key remains that the candidates receive focused, valuable feedback given in a constructive way to help them develop their skills.



#### **Duncan Smith PhD FHEA RN**

### Senior Lecturer/Honorary Consultant Nurse City St George's, University of London/University College London Hospitals NHS Foundation Trust

Duncan is a clinical-academic with a background in cardiac and critical care nursing spanning over two decades. Duncan holds a Senior Lecturer post in the School of Health and Medical Sciences at City St George's, University of London where he is a module leader for the MSc in Advanced Clinical Practice. He is an honorary Consultant Nurse with the Patient Emergency Response and Resuscitation Team at University College London Hospitals NHS Foundation Trust where he continues to work clinical shifts. Duncan's experience as a critical care outreach nurse in several organisations across London shaped his research activities pre-doctorally and informed his PhD which was funded by a fellowship from the National Institute of Health Research. The overarching aim of his doctoral research was to develop a theory-based behaviour change intervention to optimise recognition of, and response to, patients with signs of clinical deterioration. Alongside his other roles, Duncan is also a Generic Instructor Course educator for the Resuscitation Council UK (RCUK) and the Advanced Life Support Group. Duncan is currently undertaking an NIHR post-doctoral grant to progress his programme of research whilst supervising and mentoring postgraduate students (MSc, MRes, PhD) conducting research in the patient safety space.

#### Karen Street MA(Oxon) BMBCh MRCPCH MScTLHP

## Consultant Paediatrician, Devon Partnership Trust Officer for Mental Health RCPCH

Dr Karen Street MA(Oxon) BMBCh MRCPCH MScTLHP. Consultant Paediatrician currently working with Devon Partnership Trust. Officer for Mental Health at the Royal College of Paediatrics and Child Health (RCPCH). Karen spent 15 years as an acute general paediatric consultant and developed an interest in the presentations that overlapped significantly across the physical and mental health of children and young people. She has spent the last five years working in strategic roles that advocate for and develop joint working across physical and mental health services.



Marijke van Eerd

### Senior Lecturer/Honorary Consultant Nurse City St George's, University of London/University College London Hospitals NHS Foundation Trust

I was born in the Netherlands and after completing my nursing diploma and a year of travelling the world, I ended up in the UK. Since 1994 I have been an emergency nurse, first adult and since 2004 also a paediatric nurse. To learn English quickly I enrolled on many courses including ALS and APLS. Becoming an APLS instructor in 1995 shaped the way my career and my life has developed over the years.

I have always continued to work in the emergency department, sometimes parttime while developing my career, or when bringing up my two children. Other roles have included paediatric resuscitation officer, resuscitation matron, paediatric ED sister, project manager and since last year paediatric advanced clinical practitioner. Graduating from my Medical Masters course in front of my two teenagers must have been one of my proudest moments.

The APLS course has also given me the most dearest group of friends. When 12 of us embarked on a weekend in the Lake district with our families following a Middlesbrough APLS course, we did not quite realise that 25 years later we still meet every year, have seen our children grow up and there are now 3 generations of APLS people in that group.

I joined the ALSG working group several years ago. I am proud to be a nursing member of the group and have learnt a lot from all members of the group. Seeing my name printed in the 7th edition still feels a little bit unreal.

Outside of work I teach BLS and AED awareness in the community, especially to sports coaches. It is something that I feel very passionate about and if one young life is saved because of it then it will be worth it. I run, I bake, and I love going back to the Netherlands to see my family. After running 10 marathons so far, I am hoping to continue to run at least one every 5 years of my life until I am 95.



**Emmeline Venn** 

# Sister/Charge Nurse Shrewsbury and Telford Hospital NHS Trust

Emmeline is a neurodivergent nurse with a background in Acute Medicine and Critical Care. She was diagnosed later in life is keen to use the challenges she has faced to raise awareness and help improve experiences for neurodivergent colleagues.



**Emily Woodley** 

# Open water swimming coach South Devon

I retrained as an Open Water Swimming Coach and a Swimming Teacher in 2022. I have a professional background in skills, learning, advice and guidance and a passion for personal development. I believe learning can happen anywhere, anytime and in many different ways. To me swimming is swimming, costume or wetsuit, swim hat or bobble hat, in the sea or in the pool.