

APEX Equipment list

Lectures / workshop/ reflection equipment

- Data projector and computer/laptop with speakers
- Flipchart/ Whiteboard and pens
- PowerPoint presentations from teaching materials folder for lectures and workshops
- Videos for whole group reflection on stigma and the patient experience

Demos and Simulations

- Examination bed per room
- Prop boxes per sim room for actors to utilise which include:
 - Empty paracetamol packets
 - Empty alcohol bottles
 - Dressing gown/slippers
 - Hat
 - Scarves
 - Old baggy clothing
 - Fake wounds/blood

Simulated patients/ (Actors)

A mandated element of the APEX course is the use of simulated patients (actors) on the following stations:

- 01c: Faculty demonstration
- All simulations throughout the 2 days

It is not acceptable to use members of the faculty or candidates to play the main roles in the simulations. All actors should be recruited in advance. ALSG works with an agency that provides simulated patients. The contact is Francesca Cagney f.yeadon@leeds.ac.uk

Centres can also consider contacting local psychiatry departments, as they often use simulated patients for training. Local universities are another good option, as many tend to use simulated patients and can offer recommendations.

It is essential the actor briefs along with a course programme are shared with the actors/agencies ahead of the course, including the exact times they are required. This ensures they can prepare their cases and plan travel.

- Copy of Faculty Guide APEX 2e
- Copy of relevant simulation and actor brief

Simulation equipment

Generic equipment: All simulations

- Oxygen mask
- Pulse oximeter
- Blood pressure cuff
- Stethoscope
- Pen torch
- Fluid bags
- 20ml syringe

Additional equipment: OD/SH simulations

- Bandages and dressings
- Infusion of N-Acetylcysteine
- Empty paracetamol packets
- Bandages and dressings
- Empty tablet packet
- Dressing and bandages