



INSIGHTS

ALSG/MTS Conference 14 September 2023

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Dr Omer is a Sudanese gynaecologist, who recently attended the ALSG Conference which was held on the 14 September 2023 in Manchester.

The conference programme had a mix of plenaries followed by break-out workshops divided into four streams depending on people's interests and specialties, with a varied programme to ensure a good range of topics for people to choose from. There were exhibitors for everyone to meet and chat with during coffee breaks and lunchtime, as well as the chance to network and catch up with friends and colleagues.

WHAT WAS MOST USEFUL TO YOU AS A CLINICIAN?

To be honest, there were so many and unfortunately, I had to choose which to attend as I would've loved to have been able to go to all of them as they sounded so interesting.

Originally from Sudan which has very different health needs, I found it fascinating to hear about the work of SEC (Strengthening Emergency Care for Maternal, Neonatal and Child Health) and NICHE International (Newborn, Infant & Child Health Education) and their work in Cameroon, Uganda and Liberia. It's an interesting approach, as they teach the courses and then train the candidates to train others, and so the learning continues and lives are saved. It's reaching communities in a wider capacity which is what is needed.

As a gynaecologist, I found the Managing Medical and Obstetric Emergencies and Trauma (mMOET) simulation very informative. I understand there's a new version of the course which is the fourth edition, and to help individuals understand the basis of the new course, we were shown a simulation. It was very advanced and extremely realistic and for me, it helped me a lot. I really took a lot on board about new processes and of course, it enabled everyone to really understand crucial procedures which make all the difference to the patient and baby's outcomes.

WHAT PARTICULAR ASPECTS OF THE CONFERENCE ENHANCED YOUR LEARNING?

There was such a lot to learn! I found it illuminating hearing about how Artificial Intelligence (AI) can enhance a clinician's learning as it makes content personalised to an individual. It also means techniques can be practised again and again without fear of something going wrong. The plenary was followed up by an interactive workshop with the delegates, both of which were delivered by Sina Kahen. There is lots of negativity surrounding AI, but both sessions gave me food for thought as they highlighted a lot of positives.

There was also a session whereby people were given the opportunity to wear a headset and participate in an immersive experience, with a virtual reality patient in front of them, along with a full MDT to assist. I found this interesting.

In another plenary we were all shown the benefits of teaching remotely using virtual reality, with Alder Hey Hospital in Liverpool, beaming straight into the conference and a full team on hand to direct the pathway for the patient situated remotely. Quite something. The whole AI and virtual reality experiences have opened my eyes to all the positives it can bring and give me a real-life experience. Very progressive of ALSG.



DID ANYTHING STAND OUT FOR YOU?

The APLS simulation demo of the 7th edition, was very illuminating. In the demonstration the group were divided into two teams, cleverly recognisable by a different colour vest so it was easy for the audience to follow which of them were instructors and embedded instructors, and which were candidates. The demo went through a paediatric scenario with a number of embedded skills. They were very realistic and clearly very well prepared.

WAS IT A PRODUCTIVE DAY?

The first thing to say is it was so well organised, very well thought out and the plenaries and workshops that I went to see were insightful, forward thinking and so interesting. I can honestly say I learnt such a lot on the day.

The scenarios follow the ALSG structured approach which helped me learn and embed my knowledge. It has also helped me understand that ALSG courses can be delivered in any country as they follow a set structured approach. Each course simulation was really well organised and delivered in such a way that it made it very easy to follow a systematic process.

I really think every person attending would've taken something away from the day. I thoroughly enjoyed it, as I learnt so much, met new colleagues, loved chatting to the exhibitors which were there all day, and I must say again how well organised it was. I got such a lot from attending, thanks ALSG.