



CASE STUDY

JAMIE MATHER

Course:
APLS

Referred: Nightingale Winner
Date of course: 11th – 13th October 2021

WHAT IS YOUR CURRENT ROLE?

Staff Nurse – Children’s Emergency Department

WHERE DO YOU WORK?

Norfolk & Norwich University Hospital

HOW WAS THE COURSE USEFUL TO YOUR ROLE?

Understanding the underpinning rationale and reasons behind interventions and approaches we use in an emergency, appreciating greater the inter-professional and inter-speciality roles and functions of the paediatric emergency/arrest team and being able to practice and be stretched in dealing with common and less frequently seen paediatric emergency situations.

WHAT DID YOU FIND SPECIFICALLY USEFUL?

Being pushed outside my comfort zone and challenged to think and practice hard by experts in their field, Exploring in detail treatment approaches and the fine detail of medication actions and therapeutic mechanisms.

WOULD YOU RECOMMEND THE COURSE TO COLLEAGUES?

I would recommend this course, I would say though - make sure you give yourself LOTS of time to prepare in advance, to make the most of the 2 days... The manual is a hefty read and the digital learning and videos to watch require a large amount of time too. All of it is relevant and contributes to the new knowledge and skills I have gained so is worth the time, but it can't be crammed!

IS THERE ANYTHING YOU WOULD HAVE LIKED TO HAVE BEEN INCLUDED WHICH WASN'T?

I would have liked a bit of a focus on paediatric poisoning and toxic substance ingestion – drugs, alcohol and household products – there was some e-learning and a section of the manual about it, but some discussion would be useful as it isn't that uncommon a presentation to ED.

