



CASE STUDY

SALLY ROBERTS

Course:
APLS

Date of course: 12th and 13th November 2021

WHAT IS YOUR CURRENT ROLE?

I work as a band 6 Senior Staff Nurse on a general medical ward.

WHERE DO YOU WORK?

Sheffield Children's NHS Foundation Trust

HOW WAS THE COURSE USEFUL TO YOU AS A NURSE?

I found the course very useful as a nurse. On the ward you will be the person identifying early signs of a patient deteriorating and the first person there if an emergency occurs. The structured approach to the procedures really helped me keep calm and focused and I enjoyed working within the multi-disciplinary team on the day. It gave me chance to explore emergency situations I had not come across

before and widen my knowledge so that when I come across them in real life I will be better equipped to deal with them.

WHAT WAS SPECIFICALLY USEFUL TO YOU AS A NURSE?

I found it useful to learn about everyone else's roles within the situation and what their responsibilities would be in relation to my own. It helped me understand more what my role within the team would be but also let me push myself further into roles beyond what I'd do in real life.

IS APLS A TRAINING COURSE NURSES IN PAEDIATRICS SHOULD UNDERTAKE?

Yes I think senior band 5 nurses and above should undertake APLS as it gives you a safe environment to practise emergency situations and actually shows that you know a lot more than you think.

WOULD YOU RECOMMEND THE COURSE TO NURSING COLLEAGUES?

I have already recommended the course to several of my colleagues and expressed how much I enjoyed it to them and they shouldn't see it as a scary course.

