



## CASE STUDY

# SARAH WILKS

**Course:**  
APLS

**Date of course:** March 2022

### WHAT IS YOUR CURRENT ROLE?

I work as an Advanced Clinical Practitioner, alongside the doctors, assessing, diagnosing and treating patients- adults and children. This encompasses a broad spectrum of illness and injury, and I enjoy the variety.

### WHERE DO YOU WORK?

Emergency Department, Wythenshawe

### HOW WAS THE COURSE USEFUL TO YOU AS A NURSE?

APLS helped me gain knowledge and confidence in managing the sick child in a variety of different scenarios. The two day course took me through such a host of scenarios which I found extremely useful.

### WHAT DID YOU FIND SPECIFICALLY USEFUL TO YOUR ROLE?

I learned that good communication is essential, as well as the importance of strong leadership and teamwork in stressful situations

### IS APLS A TRAINING COURSE NURSES IN PAEDIATRICS SHOULD UNDERTAKE?

In paediatrics there is such a variety of emergencies and I found the APLS course and its structured approach incredibly useful as following a specific process, nothing is overlooked and it gave me the confidence to understand who to escalate the issue to.

### WOULD YOU RECOMMEND THE COURSE TO NURSING COLLEAGUES?

Yes, definitely!



*APLS helped me gain knowledge and confidence in managing the sick child in a variety of different scenarios.*

*From the other team members I learned that good communication is essential, as well as the importance of strong leadership and teamwork in stressful situations.*

