

# APLS Course Programme

A practical approach to emergency paediatrics



## Day One

- 08.00 – 08.30 Registration and COFFEE [Faculty meeting for instructors]
- 08.30 – 09.10 *Lecture.* Welcome and assessing and managing the seriously ill child
- 09.10 – 09.25 *Pre-brief* with your mentors (see list at end of programme)
- 09.25 – 10.55 *Skill stations* including review and assessment for learning

	09.25 10.55
Airway Management	Group A
Airway Management	Group B
BLS, cardiac arrest rhythms and defibrillation including IO and UVC	Group C
BLS, cardiac arrest rhythms and defibrillation including IO and UVC	Group D

10.55 – 11.10 REFRESHMENT BREAK

11.10 – 12.40 *Skill stations* including review and assessment for learning (continued – see above)

	11.10 – 12.40
Airway Management	Group C
Airway Management	Group D
BLS, cardiac arrest rhythms and defibrillation including IO and UVC	Group A
BLS, cardiac arrest rhythms and defibrillation including IO and UVC	Group B

12.40 – 13.25 LUNCH

13.25 – 13.45 *Demonstration:* Serious illness simulation including 'learning partner' discussion

13.45 – 16.30 *Simulation teaching* serious illness (6 x 25 minutes; coffee at 15.25).

FT = see colour key above C = Lead Candidate	13.45 – 14.35	14.35 – 15.25	15.40 – 16.30
Group A	C1, C2	C3, C4	C5, C6
Group B	C7, C8	C9, C10	C11, C12
Group C	C13, C14	C15, C16	C17, C18
Group D	C19, C20	C21, C22	C23, C24

16.30 – 17.10      *Lecture. Trauma*

17.10 – 18.30      *Skill stations and workshops (2 x 40 minutes)*

	17.10 – 17.50	17.50 – 18.30
Stabilisation	Group A	Group C
Stabilisation	Group B	Group D
Chest procedures	Group C	Group A
Chest procedures	Group D	Group B

18:30 – 18:35      Review of day 1 (Optional)

18.35 – 18.55      Meet your mentor and further practice, if required

18.55 – 19.25      Faculty meeting

## Day Two

08.00 – 08.10      Meet your mentor (optional)

08.10 – 08.30      *Demonstration:* Trauma simulation including 'learning partner' discussion

08.30 – 11.15      *Simulation teaching* trauma (6 x 25 minutes; coffee at 10.10).

FT = Faculty Team C = Lead Candidates	08.30 – 09.20	09.20 – 10.10	10.25 – 11.15
Group A	C3, C4	C5, C6	C1, C2
Group B	C9, C10	C11, C12	C7, C8
Group C	C15, C16	C17, C18	C13, C14
Group D	C21, C22	C23, C24	C19, C20

11.15 – 11.45      *Lecture: Cardiac*

11.45 – 12.05      *Demonstration:* Cardiac simulation including 'learning partner' discussion

12.05 – 12.45      LUNCH and further practice, if required

12.45 – 15.25 *Simulation Teaching Sessions. Cardiac (6 x 25 minutes).*

FT = Faculty Team C = Lead Candidates	12.45 – 13.35	13.35 – 14.25	14.25 – 15.15
Group A	C5, C6	C1, C2	C3, C4
Group B	C11, C12	C7, C8	C9, C10
Group C	C17, C18	C13, C14	C15, C16
Group D	C23, C24	C19, C20	C21, C22

15.15 - 15.40 Refreshment break and further practice, if required

15.40 - 17.10 *Simulation Teaching:* selection of illness, injury and cardiac (6 x 15 minutes)

In this bank of simulations, faculty remain with one group to ensure all necessary simulations covered.

FT = Faculty Team C = Lead Candidates	15.40 – 16.10	16.10 – 16.40	16.40 – 17.10
Group A	C1, C2	C3, C4	C5, C6
Group B	C7, C8	C9, C10	C11, C12
Group C	C13, C14	C15, C16	C17, C18
Group D	C19, C20	C21, C22	C23, C24

17.10 – 17.40 Faculty meeting

17.10 – 17.40 Candidates end of course reflection

17.40 – 17.50 Feedback