

# PLS Course Programme

## Day One

08.00 – 08.15	Registration and COFFEE
08.30 – 09.15	Welcome and recognition of the seriously ill child
09.15 – 09.55	Management of cardiac arrest
09.55 – 10.10	COFFEE
10.10 – 12.50	Skill stations (4 x 40 minutes)

	10.10 – 10.50	10.50 – 11.30	11.30 – 12.10	12.10 – 12.50
Basic life support and FBAO	A	B	C	D
Airway - basic	D	A	B	C
Cardiac arrest rhythms and defibrillation familiarisation	C	D	A	B
Intraosseous infusion	B	C	D	A

12.50 – 13.20	LUNCH
13.20 – 15.20	Skill stations/workshops (2 x 60 minutes)

	13.20 – 14.20	14.20 – 15.20
<i>Each station to be summarised by an appropriate simulation demonstration</i>		
Structured Approach to Illness including videos	A	C
Structured Approach to Illness including videos	B	D
Structured Approach to trauma including skill station on spinal protection	C	A
Structured Approach to trauma including skill station on spinal protection	D	B

15.20 – 15.35 COFFEE

15.35 – 17.35 PLS simulation teaching stations *3 x 40 minutes – 2 simulations in each (20 minutes per simulation)*

Faculty Team (FT)	Simulations	Faculty
FT 1		
FT 2		
FT 3		
FT 4		

FT = Faculty Team C = Lead Candidate	15.35 – 16.15	16.15 – 16.55	16.55 – 17.35
PLS Simulation Group A	FT 1, C1, C4	FT 2, C2, C5	FT 3, C3, C6
PLS Simulation Group B	FT 4, C7, C10	FT 1, C8, C11	FT 2, C9, C12
PLS Simulation Group C	FT 3, C13, C16	FT 4, C14, C17	FT 1, C 15, C18
PLS Simulation Group D	FT 2, C19, C22	FT 3, C20, C23	FT 4, C 21, C24

17.35 – 17.50 Questions and Debrief