

Candidate: APEx 2e course programme

Day one

Time	Session				
08:30 - 09:00	Registration for candidates				
09:00 - 09.20	Welcome and aims				
09.20 - 09.50	Faculty demonstration				
09.50 - 10.20	Lecture: Structured approach to acute psychiatric emergencies				
10.20 - 10.40	Lecture: Securing safety: review of key points ADELLE				
10.40 - 11.00	Refreshments/Coffee and setting the scene/meet your mentor in group				
11.00 - 13.00	Workshops:				
11.00 - 11.30	Overdose and Self-Harm – All Groups together				
11.30 - 11.50	Group A & B De-escalation		Group C & D History taking psychosocial assessment		
11.50 - 12.10	Group C & D De-escalation		Group A & B History taking psychosocial assessment		
12.10 - 13.10	Mental State Examination session – All groups together				
13:10 - 14:55	Lunch				
13.55 - 15.55	Simulations: (4 x 30-minute practices in each station – 15-minute simulation; 15-minute debrief)				
		13.55 – 14.25	14.25 – 14.55	14.55 – 15.25	15.25 – 15.55
		Cand 1	Cand 8	Cand 15	Cand 22
		Cand 19	Cand 2	Cand 9	Cand 16
		Cand 13	Cand 20	Cand 3	Cand10
		Cand 7	Cand 14	Cand 21	Cand 4
15.55 - 16.10	Refreshments/Coffee				
16.10 - 17.10	Simulations - continued: (2 x 30-minute practices in each station – 15-minute simulation; 15-minute debrief)				
		16.10 – 16.40		16.40 – 17.10	
		Cand 5		Cand 12	
		Cand 23		Cand 6	
		Cand 17		Cand 24	
		Cand 11		Cand 18	
17.10 - 17.20	Review of day 1 and reflection in mentor groups				

Day two

Time	Session					
08.30 - 08.45	Registration and meet your mentor					
08.45 - 09.45	Interactive lecture: Pre course learning review quiz session					
09.45 - 10.15	Whole group reflection: stigma and mental health					
10.15 - 10.30	Refreshments/Coffee					
10.30 - 10.45	Whole group discussion: Complex sims and using your team					
10.45 - 12:45	Simulations: (4 x 30-minute practices in each station – 15-minute simulation; 15-minute debrief)					
		10.45 – 11.15	11.15 – 11.45	11.45 – 12.15	12.15 – 12.45	
		Cand 3	Cand 10	Cand 17	Cand 24	
		Cand 21	Cand 4	Cand 11	Cand 18	
		Cand 15	Cand 22	Cand 5	Cand 12	
		Cand 9	Cand 16	Cand 23	Cand 6	
12.45 - 13.30	Lunch Short faculty meeting to include the discussion of the progress of all candidates and support for underperforming candidates					
13:30 - 15.45	Simulations: Final (4 x 30-minute practices in each station – 15-minute simulation; 15-minute debrief) with a 15-minute comfort break at 14.30					
		13.30 – 14.00	14.00 – 14.30	Refreshments/Coffee	14.45 – 15.15	15.15 – 15.45
		Cand 1	Cand 8			
		Cand 19	Cand 2			
		Cand 13	Cand 20			
		Cand 7	Cand 14			
	Candidates			Faculty		
15.45 - 16.20	Review of day 2 and reflection in mentor groups - candidates			15.45 – 16.00	Faculty meeting – candidate results	
				16.00 – 16.20	Faculty join candidates for reflection and feedback	
16.20 - 16.50	Faculty meeting – course review					