



## CASE STUDY

# SHADMAN AZIZ

### Course:

POET (Pre Obstetric Emergency Training)

**Date of course:** 12th & 13th July 2021

### WHAT IS YOUR CURRENT ROLE?

ST1 Emergency Medicine Trainee  
(I was ST1 at the time of the course)

### WHERE DO YOU WORK?

Newham Hospital, London.

### HOW WAS THE COURSE USEFUL TO YOUR ROLE?

The POET course is really useful as it teaches a structured approach that you can apply to any obstetric emergency. I have had limited exposure to obstetric patients in the Emergency Department as they largely are taken straight away to the labour ward by the ambulance service or from triage. However, obstetric patients do present to the Emergency

Department, often in extremis, therefore I felt that it was important for me to fill these knowledge gaps by attending the POET course.

### WHAT DID YOU FIND SPECIFICALLY USEFUL?

I found learning about and applying the POET structured approach very useful as it uses an extension of the familiar ABCDE approach to help deal with any obstetric emergency. The course faculty were excellent and very knowledgeable; and the course was delivered in a very effective way. The scenarios were particularly useful as it allowed us to put that knowledge into practice. I also found it really useful working alongside other clinicians from different specialties to see how they would approach the scenarios.

### WOULD YOU RECOMMEND THE COURSE TO COLLEAGUES?

Yes definitely! This is an important course for anyone working in emergency medicine or pre-hospital care to complete.

### IS THERE ANYTHING YOU WOULD HAVE LIKED TO HAVE BEEN INCLUDED WHICH WASN'T?

I wish the course was longer, I really enjoyed it and didn't want it to end!

